

U3A Bulletin

27/1/23

Hello Everyone,

Welcome back!

I, for one, hope that Term 1 doesn't speed by as quickly as the Christmas break has.

A warm welcome to our new members and those who have joined us from U3A Corio Bay. Likewise, a warm welcome and a sincere thank you to the tutors from Corio, who have offered classes for this year.

Classes will resume on Monday the 30th of January for most people however please be aware that a handful of tutors are having a delayed start. They will contact you I'm sure to confirm their details with you.

I urge you all to check the timetable as there have been some changes to venues and times for a few classes. Classes that were 8 or 12 last year have ballooned to 20 and 27! Well done everyone. Any changes this week will be notified to classes impacted.

VINES ROAD COMMUNITY CENTRE has had some flooding and will be closed until further notice. I have contacted tutors and classes to let them know. This was a curve ball that we certainly didn't expect.

WHAT'S NEW

After nearly two years of talking about it I am delighted to say that the computers in the Office have been replaced. The new ones will be more efficient and faster. Our Treasurer, Sharon Swander, took on the responsibility for this task and she has spent a lot of time in Term 4 last year and January this year working with people from a very reputable computer company. Sharon has also tackled the errant wifi situation and it has been established that we will now exclusively use the wifi system from the City of Greater Geelong. Tutors, this means one password only which you will need to get from the Office.

I thank Sharon for her time and energy with this long overdue task.

KNOW YOUR BODY: I was delighted to schedule this class for 2023. Like a lot of us, I am more in need of knowing my body and understanding the changes that occur as we get older.

“Ever wondered how your body systems work and how they are interrelated. Did you know that there are 12 major systems in the body. All of these systems work together to keep our bodies functioning properly. Do you know how the respiratory system is related to the circulatory system? What roles do the liver and pancreas have in digestion? How is the nervous system related to the muscular system and other systems in the body? What happens when something goes wrong with our body systems?”

This class aims to answer some of these questions.

Dorothy was a medical scientist before she moved into education as a science and biology teacher. To be run at Cobradah House, Bell Post Hill, 10.00am – 12.00pm

CHANGE

At the Tutors' and Volunteers' Break-up Lunch last year, I spoke about change and why change is important. Just prior to that lunch, I had a very interesting conversation with one of our more 'mature age' tutors, someone who has been tutoring for over 20 years for U3A Geelong. In that time she has seen many changes take place and she made the point that without change, growth and development are not possible. Change is constant.

In 2022, U3A Geelong embraced new technology and links with the community. We hope to continue and expand on that this year. I will be scheduling some training classes for those of you who wish to learn more about Zoom.

This year we have expanded the venues our classes will operate from. This change has been necessary for a few reasons:

- · In line with our current COVID situation, we will continue to be mindful of class sizes in rooms being used. Cobbin Farm is a great facility but we have only two large rooms that have the necessary audio-visual connections that tutors require.
- · Therefore, we will now be running classes at Vines Road, Bell Post Hill, Lara and Leopold as well as all other venues we have used before.
- · We have welcome over 100 new members since enrolment day last year.

Whilst venue changes may be inconvenient for some I fully appreciate the fact that some of our tutors and members travel extraordinary distances to attend classes. COVID kept us pretty close to home however it is now time to consider spreading your wings.

Please check the **CURRENT** timetable on the website as there have been some minor changes to rooms and times.

Change also means that personnel come and go, for many reasons.

- · Change to the Committee of Management – Eeon Macaulay and Anne Carne both tendered their resignation at the end of the years and we thank them very much for their significant contribution and commitment.
- · Change to our Office volunteers – Tina Colla and Ros Gibson will not be returning to the Office this year. We thank both of them for their hard work.
- · New Office volunteers – we welcome some new Office volunteers who have offered their services. They will have their training wheels on folks so please be patient.
- · It was sad to see some of our tutors retire from tutoring as well but great that they can now attend classes!

MEMBER RESPONSIBILITIES

- Attendance: you have all signed up for the classes of your choice and hopefully you have managed to be accepted into them. As a result it is beholden on you to attend those classes on a regular basis. Apologies are required if you are ill or have another commitment. This is a courtesy to your tutor. Please advise the Office – 5244 5114, mail@u3ageelong.org.au to offer your apology. Please remember there are quite often people on the waitlist who can be admitted if you find you are over-committed.
- Please wear your 2023 name tag. These are available from the Office. I find it more than useful to write my Christian name in black text on the front so that people can read it easily. Biro is very hard to read. Name tags are great for your new tutors and also for members of the class.
- Please ensure that any furniture that is moved for your class is returned to the correct position for the next class.
- COVID – Most of our COVID procedures were lifted in Term 4 last year. Speaking with Vaughan Lamb, our OHS Manager, we have agreed to maintain the need for members to report a positive test result. This can be done through the Office or me directly. The classes you attended will be notified as a matter of caution and courtesy to your fellow members.

WHAT'S COMING

- The AGM will be on the 6th of April. Details to follow in the next Bulletin.
- There will be one lecture this term.
- There will be one major social occasion this term

This is just to whet your appetites!

There will be another Bulletin next week with updates.

Kind Regards,

Nanette Tunnicliffe

President/Course Manager, U3A Geelong