

## U3A GEELONG BULLETIN

29<sup>th</sup> AUGUST 2023

**HOUSEKEEPING:** I have received a few comments from members lately relating to things that will make all our U3A lives at Cobbin Farm a bit easier.

- Car park, please ensure that you park within the confines of your space. Venturing into two spaces reduces the capacity. Also, sets up the possibility of damage being done to cars.
- Chairs in the Chapel – please only stack them 6 high. It is difficult to bring them down safely if they go over this limit. It is understood however that if the Chapel is used by other groups or at weekends that we cannot control the situation.
- Heaters again!! Could a member of each class assist the tutor by ensuring that the heaters are turned off at the end of their class. Yours could be the last class in that room for the day which means the heater will run all night.
- Membership details –I wonder how many of you have actually checked and updated your membership details? We need to know your current address, phone number, email address, emergency contact and any significant medical conditions that an ambulance officer might need to know. The emergency contact information is very important, which was brought home to me last week when a medical situation occurred. You should also make sure that your emergency contact has agreed to be your emergency contact! Our privacy policy ensures that this information is only accessed when needed. Please stop by the office and check exactly what information is recorded for you.

### **IMPORTANT DATES:**

U3A Geelong Open Day will be held on Tuesday 10<sup>th</sup> of October between 10.00am and 2.00pm.

U3A Geelong Enrolment Day: enrolment day for classes for 2024 will be held on Thursday the 30<sup>th</sup> of November.

More details about these two items will follow.

## Q&A

I have received details regarding the Q&A show on the 4<sup>th</sup> of September.

“This week on Q+A... voting on the Voice. The Prime Minister has named the date for the referendum on an Indigenous Voice to Parliament – the first bid to change the Constitution in more than two decades. As each side ramps up its campaign and emotions rise, can Australians cut through the rhetoric to make an informed decision? And which generation is likely to swing the vote?”

Meanwhile, parliament returns for another sitting week. Cost-of-living pressures aren't going away – and with another rate decision on the horizon, can the government finally get its contentious housing bill over the line?”

Thank you to those of you who have indicated you wish to attend and have completed the registration link. This was sent to you via email from me. If you haven't done this, I attach the link again –

<https://www.abc.net.au/qanda/studio-audience>

You just need to click on the link and fill in the form. Any problems, let me know. If you are now deciding that you would like to go, please let me know as soon as possible as it is not too late.

**TERM 4 CLASSES:** I know that some of you will be looking for something special to round out your U3A year.

**Internet; The Dos, Don'ts and How Tos.** Jill Lewis will take you through a very relevant term on internet usage. Amongst other things this class will most importantly include a detailed look at being safe and recognising and dealing safely with spam. FRIDAY, COBBIN FARM, 10.00AM – 12.00PM

**Philosophy Issues.** Clive Berger is bringing this class to Cobbin Farm. I know that previously you have enjoyed our Philosophy Classes and Clive is very keen to see it return to our timetable. FRIDAY COBBIN FARM, 10.00AM – 11.30AM

**History of China.** Derek Wallace will bring this to you. Come and join interested members from U3A Ballarat who are also joining us. TUESDAY, MICROSOFT TEAMS (Derek will help you set this up), 2.00PM – 3.30PM

**Table Tennis.** With the nicer weather coming, it would be great to get the body moving again; the joints and muscles have probably been in hibernation through winter (I know mine have). This is a very social class, everything provided, and Jan Paolini knows her stuff! Cost will be \$10.00 per week you attend.  
GEELONG TABLE TENNIS CENTRE, TUESDAY 3.00 – 4.00PM

**Let's Talk About Dementia!** Gay Villarosa has a lot of experience in this field. This class will run for four weeks and provides an opportunity for you to ask questions, get information and get help coping with someone you know who has dementia. TUESDAY COBBIN FARM, 1.00 – 3.00PM

**Potential for Individual Wisdom:** Interpreting Japanese, Chinese and Indian traditions of Buddhist, Taoist and Hindu philosophy for a Western audience. Yet another thought-provoking and revealing class by Bruce Watson.  
WEDNESDAY MICROSOFT TEAMS OR FACE TO FACE WITH Nanette Tunncliffe at COBBIN FARM, 1.30 – 3.30PM

**Their Homeland is Radioactive:** Just how do citizens and Mother Nature cope after a real nuclear disaster. Bruce Watson takes you on a real life experience and poses the questions as to what would you do? Learn about the resilience of the human spirit when faced with such adversity. MONDAY BY MICROSOFT TEAMS (Bruce will train you), 1.30 – 3.30PM

**The Seacole Link to War Doctors:** Learn about the fascinating history of Mary Seacole and the role she played in nursing soldiers during the Crimea War. With Bruce Watson's depth and breadth of research into this remarkable woman you will come away having learned a lot. THURSDAY BY MICROSOFT TEAMS, (Bruce will train you), 1.30 – 3.30pm

**SOCIAL EVENTS:** What would U3A be without some social events to round out the year!

**Melbourne Cup Day Luncheon.** Tuesday the 7<sup>th</sup> of November. All classes are cancelled on this day.

The last one was an absolute hoot and this one will be bigger and better than ever. Ladies get yourselves all dolled up, complete with head attire. Gentlemen there is a dress code which requires you to look your very best!!

Come and enjoy an extensive menu – this year I will have the services of the retired functions chef from Geelong Football Club (we won't hold that against

him though). We will cater for all dietary requirements. All drinks provided including champers, wine, beer and punch.

Fun stuff with prizes– Fashions on the Field (secret judge), best hat, lucky door and seat prizes, sweeps.

You need to enrol through the website or at the Office.

12.30 – 4.00pm

COST: \$40.00 a head, to be paid at the Office by **Friday the 27<sup>th</sup> of October**

**U3A Choir Christmas Concert** Wednesday the 29<sup>th</sup> of November.

1.30 – 3.00pm

This was so successful last year and the Chapel was full to bursting. So much so that the concert this year will be held at St. Cuthbert's Church, Heyers Road Grovedale.

Afternoon tea provided.

Bring you family, bring your friends – I can vouch for the superb quality of our Choir!

A gold coin donation will be required – don't be stingy, it's a great show!!