

## U3A GEELONG

BULLETIN 17<sup>TH</sup> APRIL 2024

Hello Everyone,

This is a brief Bulletin to welcome you all back to classes.

### **CAN YOU HELP?**

You may remember that last term we were invited to participate in a focus group, established by COTA (Council of the Ageing) and the Federal treasury. Your contributions and participation were very much appreciated.

I have been in a meeting today with COTA and they are inviting us to participate once again. The timeline is quite short due to our holidays.

1. COTA is keen to talk to people with lived experience of aged care (receiving services or carers). The discussion will focus on how people planned for care, obtained information and made decisions. The Inspector General of Aged Care is interested in hearing about the experience of people and how well the Government is responding to the Royal Commission - what is working well and where problems remain.

As you know, the government is very active in providing support care for you to remain in your home for as long as possible. Also applicable would be the situation where you are a carer for someone who is receipt of aged care services.

If you are interested in attending this focus group and are able to provide feedback on services that are available or that you need but currently don't have access to, then you would be welcome to attend as follows:

WHEN: MONDAY THE 22<sup>ND</sup> OF APRIL AT 10.00am – 12.00pm – that's next Monday folks.

WHERE: COBBIN FARM

Please email me – [tunn@ozemail.com.au](mailto:tunn@ozemail.com.au) – if you are interested in attending. Morning tea will be provided.

## 2. ACTIVE SCRIPT LIST

COTA is looking for assistance to organise participants for a focus group of 6-8 people. Ideally, people over the age of 60 who take some medication or are managing medication for others. Whilst we would like a mix of people who are digitally engaged and not – this is not essential. We want to hear from people about their experience with digital health and what government can do to increase the uptake of digital health technologies like eScripts and the Active Script List. The focus group will run for a maximum of 3 hours and we will thank participants with a gift voucher.

WHEN: THURSDAY 2<sup>ND</sup> MAY AT 1.00PM – 4.00PM

WHERE: COBBIN FARM

Please email me – [tunn@ozemail.com.au](mailto:tunn@ozemail.com.au) – if you are interested in attending. Afternoon tea will be provided.

I hope you can help and look forward to seeing you.

Regards,  
Nanette Tunncliffe  
President