

U3A BULLETIN 24TH MARCH 2024

Hello Everyone,

This has been a short term with Easter falling a little earlier this year. The nip of autumn is in the air and day light saving will be put away until October!!

I need to remind you of course that the AGM is on Tuesday. I am so very pleased to see members responding to the call for nominations – a great opportunity for some new voices to be heard. Some nominees will speak briefly on Tuesday further outlining their aims and hopes for the next twelve months. We need to address the issues that have confronted our organisation and move forward.

Below please find new classes commencing in Term 2. You can enrol online through the website or contact the Office. There will also be some online courses from other U3As which may interest you. I will let you know when I get the update.

Please find attached two nominee profiles for the AGM – these came through too late to be included in the last email.

Have a wonderful break everyone; stay well and if you are travelling, travel safely.

Kind regards,
Nanette Tunnicliffe
President

New courses for Term 2:

Appreciating the Art of Film

Film can be subtle or “in-your-face”. The art of film is not simply watching films. To appreciate the art of film you may experience different films, explore film culture, and gain an understanding of directorship and technical filmmaking.

Tutor: Bruce Watson

This class will be delivered via the internet on Microsoft Teams. There will be a training session for everyone.

Wednesday 1.30 – 3.30pm

Appreciating the Art of Film Hybrid

Film can be subtle or “in-your-face”. The art of film is not simply watching films. To appreciate the art of film you may experience different films, explore film culture, and gain an understanding of directorship and technical filmmaking.

Tutor: Nanette Tunncliffe

This class will be delivered at Cobbin Farm library

Wednesday 1.30 – 3.30pm

Brain Gym for Healthy and Active Ageing

In this fun and practical course learn the Brain Gym that easily switches on your brain to improve cognitive functioning, memory, concentration, mental sharpness, vision, hearing, balance and coordination with supporting brain research. Get your brain switched on!

Tutor: Claire Hocking

Educational Kinesiologist and Brain Gym Instructor

Cobbin Farm Chapel

Friday 1.30 – 3.30pm 24/5 – 14/6

History: Modern China – extended into Term 2

There are many driving forces in China today. This class will help you understand these forces and why China makes the decisions it does.

Tutor: Derek Wallace

This class will be delivered by Microsoft Teams via the internet.

Tuesday 3.30 – 5.00pm

History: Vietnam War Intensive

An examination of Vietnam's path to independence from French colony to communist republic, encompassing the conflicts up to and including Australia's involvement.

Tutor: Vaughan Lamb

Cobbin Farm Lounge

Wednesday 1.00– 3.00pm

Let's Talk About Dementia

Dementia is a general term for loss of memory, language and problem solving skills severe enough to interfere with daily life.

A class delivered in four sessions designed to raise awareness, remove the stigma and provide information.

This class will be extended if there is sufficient interest.

Tutor: Gay Villarosa

Cobbin Farm Dining Room

Tuesday 1.00 – 3.00pm

Living Science for Non-Scientists 2

No prior knowledge required. Continuing the story of the “chemistry of life”. Part 2 helps us understand more mechanisms behind the processes that occur in anatomy and physiology. This course includes more systems of the human body.

Tutor: Bruce Watson

This class will be delivered via the internet on Microsoft Teams. There will be a training session for everyone.

Thursday 10.30am – 12.30pm

Surviving Silent to Sound Comedy

Many comedians didn't survive the move from silent to sound films. Laurel and Hardy did. Explore the history of movie making from the silent era to the sound era. Why did Laurel and Hardy survive all the technical changes so well?

Tutor: Bruce Watson

This class will be delivered via the internet on Microsoft Teams. There will be a training session for everyone.

Tuesday 1.30 – 3.30pm

What if ‘faith’ was not a myth?

What is there was no official creed or statement of belief to which followers are required to assent? What if faith was not a myth version of Christianity and could be believed and practised in new ways. I act as catalyst not evangelist.

Tutor: Bruce Watson

This class will be delivered via the internet on Microsoft Teams. There will be a training session for everyone

Thursday 1.30 – 3.30pm